Shamokin Dam Borough 42 West 8<sup>th</sup> Avenue P O Box 273 Shamokin Dam, PA 17876

## **SHAMOKIN DAM BOROUGH**

# NewsLetter

**Summer 2022** 



## **BOROUGH OFFICIALS**

## Mayor

Joseph McGranaghan

## **Council Officers**

Donald Musser - President David Sauers - Vice President

### **Members**

Domenico Barillaro Mark Benner Shawn Bingaman Maria Brandt Karen Roberts

## **Appointed Officials**

Borough Manager - Ed Hovenstine Borough Secretary - LaDawn Leitzel

Borough Office - 570.743.7565

Website: www.shamokindam.net

## **Police Chief**

Timothy Bremigen

Police Phone 570.743.2671

### Fire Chief

John Shirk

Fire Phone 570.743.2126

## Dealing with the Heat

You don't have to work in the desert to suffer from too much heat. Even in a moderate climate, many work sites are hot and uncomfortable; however, discomfort isn't the only problem. If you don't take the proper precautions, heat can cause you to have a rash, make you pass out, or even kill you.

#### What to look out for

- Tiredness and lack of mental awareness, which increases the chance of accidents.
- Excessive sweating. The body produces sweat so the evaporation will cool you off; however, it isn't as effective if the air is very humid, because less evaporation occurs.
- Walk carefully. A slower pace and increased awareness of surface condition can greatly reduce the chances of slips and falls.
- Heat rash occurs when your sweat glands swell and become blocked.

#### Heat stress information

Symptoms	Side Effects	Treatment
Heat Cramps	Muscle pain and spasms, usually in	Stop work, drink fluids, and rest in a cool
Occurs from excessive	the arms, legs, back, and stomach.	area. Drinking electrolyte solutions may
sweating.		also help.
<b>Heat Exhaustion</b>	Pale and flushed face, clammy skin,	Take a break in a cool, shaded area.
Occurs when the whole body,	heavy sweating, fatigue, shortness of	Remove as much clothing as possible.
especially the circulatory	breath, headache, dizziness, fainting,	Drink water or electrolyte solutions. Get
system, becomes extremely	nausea, vomiting, rapid heartbeat and	medical help or treat for shock if
stressed.	breathing.	necessary.
<u>Heatstroke</u>	Dizziness and confusion, red/hot/dry	Call 911 immediately. Immerse the
Occurs when the body	skin, nausea, vomiting, very little	worker in cool water or ice.
becomes unable to control its	seating, rapid pulse, high body	
temperature.	temperature (around 105 degrees),	
_	convulsions, and loss of	
	consciousness.	

#### Prevention

Heatstroke is predictable and preventable. Take these steps to prevent heatstroke while working in hot weather:

- Wear loose-fitting, lightweight clothing. Wearing excess or tight-fitting clothing won't allow your body to cool property.
- Wear light-colored clothing. It can keep you cool by reflecting the sun's rays. Dark clothing absorbs heat.
- Drink plenty of fluids. Staying hydrated will help your body sweat and maintain a normal temperature.
- Take extra precautions with certain medications. Be on the look-out for heat related problems if you take medications that can affect your body's ability to stay hydrated and dissipate heat.
- Take it easy during the hottest parts of the day. If you can't avoid strenuous activity in hot weather, follow the same precautions and take frequent rests in a cool area.

The Water Quality Report Calendar Year 2021 can be found on the internet at www.shamokindam.net: left side under Quality of Life, click on 2021 Water Quality Report, under Water section on the right.

The report is also available at the Borough Office.

Borough Crew: Brady Bachman Joshua Herb Aron Hummel Richard Kline

It has become very difficult for the Borough Crew to read some of our customer's water meters due to overgrown trees, bushes, and shrubs. A water meter touch pad is attached to the exterior of the building, which allows the Borough Crew to read the water meter without entering the home or business. The Borough Crew must be able to easily access all water meter touch pads. Please be sure that the water meter touch pad, located on the exterior of your home or business, is easily accessible and clear of bushes, shrubs, or debris. Please call to relocate a touch pad that became enclosed by a fence.

10th Annual Snyder County Night Out will be held on Tuesday, August 9, 2022 from 4-7 pm at the East Snyder Park in Penn Township! Rain date will be Wednesday, August 10, 2022.

## **Normal Office Hours**

Monday through Friday - 8:30 AM to 4:30 PM Closed for Lunch - 12:00 Noon til 1:00 PM

## The Borough office will be closed in observation of the following summer holidays:

Monday - July 4<sup>th</sup> - Independence Day Monday - September 5<sup>th</sup> - Labor Day

Shamokin Dam Borough Council meets the first Monday of each month at 7:00 P.M. (If a holiday happens to fall on that date, the meeting will be held the following day "Tuesday") You are invited and encouraged to attend all Borough meetings. Meetings are held in the municipal building located at 42 West 8<sup>th</sup> Avenue.

## HAVE A GREAT SUMMER

## **DOG REMINDERS**

When walking your dog:

- Keep them on a leash at all times
- Clean up after your pet

#### SHARE THE STREET

With the weather getting warmer and the daylight lasting longer, more people will be out walking. Please remember to share the roadways with pedestrians and bicyclists. Also, watch for children at play near the streets. When walking at night wear bright reflective clothing, activate a flashlight when you see a vehicle approaching, and be aware that the driver may not see you.

Remaining Curbside Recycling Dates

June 9<sup>th</sup> July 14<sup>th</sup> August 11<sup>th</sup>
Sept 8<sup>th</sup> Oct 13<sup>th</sup> Nov 10<sup>th</sup> Dec 8<sup>th</sup>